

**SIERRA DELTA LEAGUE
2024-2025 GIRLS FLAG FOOTBALL 2024-2025
(August 22, 2024)**

JULY 1-14 DEAD PERIOD NO CONTACT JULY 15-AUG 4 LIMITED PERIOD

MON 8/5/2024 PRACTICE STARTS

TH 8/8/2024 FALL/WINTER COACHES MEETING 6:00 SAN JUAN

FRI 8/16/2024 FIRST SCRIMMAGE

FRI 8/23/2024 FIRST CONTEST

SAT 9/28/2024 SIT OUT PERIOD

TH 10/24/2024 LAST CONTEST

SUN 11/27/2022 END OF SEASON DEAD PERIOD

<u>Day</u>	<u>Date</u>	<u>#</u>	<u>Visitor</u>	<u>Home</u>	<u>Time</u>	<u>Day</u>	<u>Date</u>	<u>#</u>	<u>Visitor</u>	<u>Home</u>	<u>Time</u>
TU	9/10	1	Elite	"Bye"	6:00	TH	10/3	8	Elie	"Bye"	6:00
			Encina	Foresthill	6:00				Foresthill	Encina	6:00
			Futures	"Bye"	6:00				Futures	"Bye"	6:00
			Mesa Verde	Sacramento Adventist	6:00				Sacramento Adventist	Mesa Verde	6:00
TH	9/12	2	Encina	"Bye"	6:00	TU	10/8	9	Encina	"Bye"	6:00
			Foresthill	"Bye"	6:00				Foresthill	"Bye"	6:00
			Elite	Mesa Verde	6:00				Mesa Verde	Elite	6:00
			Sacramento Adaventist	Futures	6:00				Futures	Sacramento Adventist	6:00
TU	9/17	3	Encina	Mesa Verde	6:00	TH	10/10	10	Mesa Verde	Encina	6:00
			Futures	Elite	6:00				Elite	Futures	6:00
			Foresthill	"Bye"	6:00				Foresthill	"Bye"	6:00
			Sacramento Adnentist	"Bye"	6:00				Sacramento Adventist	"Bye"	6:00
TH	9/19	4	Forest Hill	Futures	6:00	TU	10/15	11	Futures	Foresthill	6:00
			Elite	Encina	6:00				Encina	Elite	6:00
			Mesa Verde	"Bye"	6:00				Mesa Verde	"Bye"	6:00
			Sacramento Adventist	"Bye"	6:00				Sacramento Adventist	"Bye"	6:00
TU	9/24	5	Futures	"Bye"	6:00	TH	10/17	12	Futures	"Bye"	6:00
			Mesa Verde	"Bye"	6:00				Mesa Verde	"Bye"	6:00
			Foresthill	Elite	6:00				Elite	Foresthill	6:00
			Encina	Sacramento Adventist	6:00				Sacramento Adventist	Encina	6:00
TH	9/26	6	Elite	"Bye"	6:00	TU	10/22	13	Elite	"Bye"	6:00
			Mesa Verde	Futures	6:00				Futures	Mesa Verde	6:00
			Encina	"Bye"	6:00				Encina	"Bye"	6:00
			Sacramento Adventist	Foresthill	6:00				Foresthill	Sacramento Adventist	6:00
TU	10/1	7	Mesa Verde	Foresthill	6:00	WED	10/23	14	Foresthill	Mesa Verde	6:00
			Encina	Futures	6:00				Futures	Encina	6:00
			Elite	Sacramento Adventist	6:00				Sacramento Adventist	Elite	6:00
<u>Varsity</u>			<u>Varsity</u>				FRI	10/25	All-League Selection Meeting		TBD
Delta							TU	10/29	DIV Playoffs	Home Sites	TBD
Elite							TH	10/31	DIV Playoffs	Home Sites	TBD
Encina							WED	11/6	DIV Playoffs	Home Sites	TBD
Foresthill							SAT	11/9	DIV Finals	TBD	TBD
Futures											
Lindhurst											
Mesa Verde											
Sacramento Adventist											

JV 4:30; Varsity 6:00