

**SIERRA DELTA LEAGUE  
2024-2025 TRACK AND FIELD 2024-2025  
(October 14, 2024)**

JULY 1-14 DEAD PERIOD NO CONTACT; JULY 15-JAN 12 LIMITED OR OUT OF SEASON; JAN 13-FEB 9 LIMITED  
 WED 1/29/2025 SPRING COACHES MEETING HIGHLANDS 6:00 PM  
 MON 2/10/2025 PRACTICE BEGINS  
 FRI 2/21/2025 FIRST SCRIMMAGE  
 FRI 2/28/2025 FIRST CONTEST  
 SAT 4/5/2025 SIT OUT PERIOD  
 SAT 5/10/2025 LAST CONTEST

<u>DAY</u>	<u>DATE</u>	<u>CENTER MEETS</u>	<u>LOCATION</u>	<u>TIME</u>
MON	3/17/2025	CENTER MEET #1	Highlands	3:30
WED	4/9/2025	CENTER MEET #2	Mesa Verde	3:30
WED	4/30/2025	CENTER MEET #3	Lindhurst	3:30
TU	5/6/2025	RAIN MAKE-UP	TBD	TBD
WED	5/7/2025	LEAGUE MEET	Mesa Verde	12:00
WED	5/14/2025	D 4/5 SECTION MEET	Weston Ranch	TBD
FRI	5/16/2025	D 4/5 SECTION MEET	Weston Ranch	TBD
FRI	5/23/2025	MASTERS MEET	Davis	TBD
SAT	5/24/2025	MASTERS MEET	Davis	TBD
FRI	5/30/2025	STATE MEET	Buchanan HS	TBD
SAT	5/31/2025	STATE MEET	Buchanan HS	TBD